



## Anerley Bicycle Club

Open 10 Mile Time Trial – Start Sheet

**Saturday 11<sup>th</sup> May 2024 Course G10/42**

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

**Timekeepers:** Richard Meed and Chris Woods

**Organiser: Mark Hancock**  
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Wallington, Surrey, SM6 0PA

**HQ: St John's C of E  
Primary and Infant School**  
Goodwyns Road  
Dorking RH4 2LR  
**Sign on and collect numbers at HQ  
from 1300**

Prizes – Time Trial Bikes:

First fastest open     £30  
Second fastest open   £20

First fastest female   £30  
Second fastest female  £20

Prizes – Road Bikes:

First fastest open     £30  
Second fastest open   £20

First fastest female   £30  
Second fastest female  £20

Prizes – Team: Fastest team any 3     £30 (3 x £10 each)

One prize per rider, except for team prize. All prize winners will also receive an Anerley BC medal.

### **Course G10/42 Description: (Distances given are from start)**

HQ to Start: from School turn left into Goodwyns Road, then left into Flint Hill. At the roundabout cross the A24 and take the second exit into Spook Hill.

The start is in Spook Hill, North Holmwood, ride South to join A24 Horsham Road using acceleration lane. Ride South on A24 to Beare Green roundabout. (Approx 2.5 miles)

Take the third exit to continue South on A24 to Clarkes Green roundabout (Approx 4.8 miles).

Take 5<sup>th</sup> exit from roundabout to rejoin A24 North bound lane.

Ride North on A24 to Beare Green roundabout (Approx 7.2 miles).

Take the second exit to continue on A24 Northbound.

Finish line is on the A24 Northbound, approx. 0.3 miles past the Red Chilli restaurant. (10 miles).

Chequered flag marks finish.

Finish to HQ: Continue past the finish timekeeper to the next roundabout and take the first exit into Flint Hill then first right into Goodwyns Road.

Note that both roundabouts on the course are very large oblongs, watch carefully for yellow and black arrow signs.

**Riders, you MUST:**

- Wear an approved helmet.
- Have a working front light on your bike, switched on.
- Have a working rear light on your bike, switched on.
- Obey the Highway Code.
- Follow the course.
- Start at your allocated time.
- Always ride in a position with good visibility of the road and other road users.
- Not interact with other riders on the course.
- Not have a preceding or following vehicle.
- Not warm up or down on the course after the first rider has started.
- Sign on before riding.
- Sign off after riding.
- Return your race number after finishing.
- Attach your number in the approved position.
- Bring a completed parental consent form if you are under the age of 18.

**Additional Information:**

- Any additional hazards identified during the pre-event course risk assessment will be displayed at the HQ.
- No Vehicles, except those of the Timekeepers' and Event Officials, shall be parked in the vicinity of the start and finish areas.
- Official Observers will be stationed around the course.
- Competitors must not use ANY audio equipment except prescribed hearing aids.
- Competitors must not use a mobile phone while mounted on their machines.
- London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.
- Competitors should ensure that that they are familiar with the latest regulations, especially those around position (Regulation 14), clothing (Regulation 16) and helmets in road bike events (Regulation 15).